

OATMEAL RAISIN

Nutrition Facts	
Serving Size 1 cookie (28g)	
Servings Per Container 12	
Amount Per Serving	
Calories 120	Calories from Fat 35
% Daily Value*	
Total Fat 4g	6%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 60mg	3%
Total Carbohydrate 19g	6%
Dietary Fiber 1g	4%
Sugars 11g	
Protein 2g	
Vitamin A 2%	• Vitamin C 0%
Calcium 2%	• Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: ENRICHED WHEAT FLOUR, RAISINS, ROLLED OATS, BROWN SUGAR, SUGAR, BUTTER, VEGETABLE SHORTENING, EGGS, PURE VANILLA EXTRACT, CINNAMON, SALT, BAKING SODA.

CONTAINS EGGS, MILK, WHEAT